



TRCAC/DC/CEEP/023/ 2022-23

Date - 20/06/2022

**NOTICE**

**(DC)**

**National Service Scheme (N.S.S.)**

**योग उत्सव-Yoga For Humanity**

**Azadi ka Amrit Mahotsav**

On the occasion of **International Yoga Day** the N.S.S. Unit of TRCAC is celebrating **योग उत्सव-Yoga For Humanity** to be instructed by **Brahma Kumaris**.

All the students and faculty members are requested to join the Yog Utsav by treating your body with relaxing movements and guiding your mind with thoughts of strength and stability.

All N.S.S. Volunteers are requested to **wear the N.S.S. T-shirts** throughout the event.

**Let us together make this event a success.**

The Details of the event are given below:

**Day: Tuesday**

**Date: 21st June, 2022**

**Venue: College Campus**

**Time: 08:00 a.m. to 09:15 a.m.**

**Asst. Programme Officer**

**N.S.S.**



**Principal**