



TRCAC/DC/WDC/002 of 2024-25

Date: 23/07/2024

NOTICE
(DC/JC)

"Empowering Women's Health: Navigating Hormonal Changes, PCOD, and Menstrual Hygiene"

The Women Development Cell (WDC) is pleased to announce a special awareness session on **Hormonal Changes, PCOD, and Menstrual Hygiene** scheduled on **Tuesday, 30th July 2024**. This initiative aims to educate and empower individuals with the knowledge necessary to manage menstrual health effectively and to eliminate the stigma surrounding menstruation. We cordially invite faculties, non-teaching and students to participate in this seminar.

The objective of this seminar is to educate participants on menstrual health and hygiene, promoting understanding, proper practices and open discussions.

Your presence and active participation will contribute to making this event a success.

Details of Event:

Date: 30th July 2024

Day: Tuesday

Time: 11:30 p.m to 12:30 pm

Venue: Seminar Hall

Ms. Nisha Kekan(DC)

Ms. Aashna Digra(JC)

Chairperson, WDC

Nisha Kekan
Aashna Digra

R Singh
Dr. Ravish R. Singh

Principal